



Ridgefield Basketball Association

Biddy Ball 1st Annual Food Drive

Who: Ridgefield Basketball Association's Biddy Ball Teams

What: Food drive to support Ridgefield's local chapter of Meals on Wheels.

Website: <https://www.mealsonwheelsofridgefield.org/>

Meals on Wheels Mission: *To provide nourishment to those who can't prepare meals on their own.*

When: Saturday, December 17, 2022

How: Bring any of the recommended items to practice on Saturday, December 17th. All food will be picked up from practice and delivered to Meals on Wheels.



Suggestion Items:

- Individual servings fruit cocktail or single fruit in juice (6 pack)
- 1 pound boxes pasta (not gluten free):
 - Penne
 - Rigatoni
 - Rotini
 - Spaghetti
- 15 oz. cans:
 - Black Beans
 - Garbanzo Beans (Chickpeas)
 - Cannellini Beans
 - Corn Kernels
- Thai unsweetened coconut milk (not coconut cream)
 - Peaches in juice or light syrup
 - Pear in juice or light syrup
 - Pineapple chunks in juice
- 32 oz. jars of ready to use spaghetti sauce or marinara, any brand, low-sodium is preferred but not necessary
- Stop & Shop Gift Cards